Glory in Spiritual Mentoring, Part 1
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The Legacy of Biblical Womanhood
The Titus mandate is remarkable! Titus was pastoring a church on the island of Crete. It was a pluralistic, decadent culture. Of all the things Paul could have had Titus tell the women to do to combat that decadence, he bore down on the need for older women to encourage and equip younger women to live godly lives. (Susan Hunt & Barbara Thompson, p. 68)

Matthew 28:18-20
Jesus said, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

Titus 2:3-5
Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good, and so train the young women to love their husbands and children, to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.

Why should some discipleship be gender-specific?

1. CREATION
   • Genesis 1. Five Foundational Principles
     v. 1 Foundational truth #1: God is our reference point
     v. 3 Foundational truth #2: God’s Word is our authority
     v. 26 Foundational truth #3: God’s glory is our purpose
     v. 27 Foundational truth #4: Gender distinctiveness is God’s plan
     v. 28 Foundational truth #5: Gender distinctiveness necessary to be fruitful and multiply

   • God’s male creation, Genesis 2:1-17
     v. 7, 15: man created first (headship); work & keep

   • God’s female design, Genesis 2:18: The LORD God said, "It is not good for the man to be alone. I will make a helper suitable for him."

   The Hebrew word for helper is ezer. It is often used to refer to God as our Helper.
   He defends: Exodus 18:4 [Moses] . . . said, "My father's God was my helper; he saved me from the sword of Pharaoh."

   He sees and cares for suffering: Psalm 10:14 But you, O God, do see trouble and grief; you consider it to take it in hand. The victim commits himself to you; you are the helper of the fatherless.

   He supports: Psalm 20:2 May he send you help from the sanctuary and grant you support from Zion.

   He protects: Psalm 33:20 We wait in hope for the LORD; he is our help and our shield.

   He upholds: Psalm 54:4 Behold, God is my helper; the Lord is the upholder of my life.
He delivers from distress: Psalm 70:5  Yet I am poor and needy; come quickly to me, O God. You are my help and my deliverer; O LORD, do not delay.

He rescues: Psalm 72:12-14  For he will deliver the needy who cry out, the afflicted who have no one to help. He will take pity on the weak and the needy and save the needy from death. He will rescue them from oppression and violence, for precious is their blood in his sight.

He comforts: Psalm 86:17  . . . you, O LORD, have helped me and comforted me.

Complementarianism: Men and women are equal in being but assigned different—equally valuable—functions in God’s kingdom.

Egalitarianism: There is no legitimate difference of role and function between men and women in the home and church, at least not one that allows for male spiritual leadership.

2. FALL, Genesis 3:1-7

3. REDEMPTION, Genesis 3:15

- Adam’s response to the gospel, v. 20. Eve means life-giver
  Woman’s creation design: ________________________
  Woman’s redemptive calling: _____________________

- A picture of the gospel, v. 21

4. TRANSFORMATION, Eve’s growth in grace, Genesis 4

- v. 1: “I have gotten a man with the help of the Lord.”
  v. 25: “God has appointed for me another offspring instead of Abel . . . ”

The Way of Cain                                                                                                         The Way Of Christ

9Then the LORD said to Cain, “Where is Abel your brother?”
He said, “I do not know; am I my brother’s keeper?” . . .

16Then Cain went away from the presence of the LORD and settled in the land of Nod, east of Eden.

17Cain knew his wife, and she conceived and bore Enoch. When he built a city, he called the name of the city after the name of his son, Enoch . . .

5. Helper/Life-Giver                                                                                                         Hinderer/Life-taker

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A life-taker brings division and destruction to relationships.
A life-giver nurtures community and compassion in relationships.