

# Reflect & Refocus

Set aside an hour or two and spend some time in prayer, asking the Lord to guide you as you consider the time he's given. Use the questions below to help you reflect on the previous year and refocus your goals for the coming year.

## Reflect - Consider 2023

- As you consider the past year, how do you see the Lord's work in your life?
- Is there a particular Bible verse or passage the Lord used to minister to you this year?
- What sermon, book, or person spoke truth into your life in a profound way?
- Where did you see the Lord using your gifts to serve others?
- In what ways did you waste time, money, or talents?
- What was your deepest struggle this year?
- What was your greatest joy?

## Refocus - Consider 2024

*"Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is." Eph. 5:15-17*

### **Bible Reading**

- How do you plan to study the Bible this year? Whether you choose a Bible in the Year Plan or study a few books in-depth, making a plan helps tremendously.
- What study guide or reading plan will you use? (Review some suggested options.)

### **Bible Memory**

- What verses would you like to commit to memory this year?
- What friends or family members could memorize with you?

### **Prayer**

- How can you set aside time for prayer each day? When is the best time for you to pray?
- How can you incorporate Scripture more into your prayer life?
- What keeps you from prayer?
- Who can you pray for specifically this year to come to faith?

## **Fighting Sin**

- What sin are you currently struggling with on a regular basis?
- What methods (prayer, confession, accountability) can you employ to help you fight sin in your life?
- How would you describe your social media use? Is it keeping you from face-to-face relationships, fostering discontentment, or eating away time that could be spent on other things?
- How would you describe your affection toward God? (Warm, Vibrant, Joyful, Cold, Indifferent, Disappointed, Angry)
- What ways can you seek to foster a greater affection for God in the New Year?

## **Church/Ministry**

- Who can you seek to share the gospel with this year?
- How can you use your gifts to serve your church?

- Who could you disciple in the faith this year?
- In what ways can you be a loving neighbor to your community?
- Is your giving (time, money, service) generous (1 Tim. 6:18)? Is it cheerful and thankful (2 Cor. 9:7–11)?

### **Relationships**

- Is there someone you need to spend more time with in the coming year? Or, perhaps, someone you need to spend less time with?
- Is there someone you need to forgive? Or someone you need to ask to forgive you?
- What hopes do you have for your family relationships in the coming year?
- In what relationship do you need God's grace in a particular way? How can you boldly pray for his mercy and help in the coming year?