

**Lesson 14- System Dynamics of the Alcoholic Family and Dealing with Conflict**

- A. The Four “Rs”
  
- B. System Dynamics of the Alcoholic Family
  - 1. Roles
    - a. Enabler
  
    - b. Hero
  
    - c. Lost Child
  - 2. Diagnosing an Alcoholic
  
- C. Conflict
  - 1. Attack or defend
  
  - 2. Avoid, ignore, or downplay
  
  - 3. Confide and listen

**Questions to Consider:**

- 1. How can you diagnose an alcoholic?
- 2. What are the approaches of dealing with conflict?
- 3. What are the fallbacks?

