

Lesson 12- Parenting and Fusion

A. Protection

B. Grief

C. Perspective

D. Fusion

1. Sameness

2. Enmeshment

Questions to Consider (lessons 7-12):

1. What happens when couples/family members move to forgiveness too fast? What are the effects on the people involved?
2. What are the differences between connecting and agreeing? Which is better? Why?
3. What is Differentiation?
4. What is an Emotional Triangle?
5. What is over-functioning? What is under-functioning?
6. What is a non-anxious presence and why is it important in counseling?
7. Who is responsible for change?

For Further Consideration:

- 1) As you hear Scazzero's list of what an emotionally healthy adult looks like, reflect on your status for each and identify areas of victory, struggle and potential growth.
- 2) Can you recognize and identify area in you life and in other's lives where God a substitute?
- 3) Do you recognize that a goal of marriage is not necessarily to agree on everything?
- 4) What can you do in order to avoid emotional triangles in counseling?
- 5) What are some examples of toxic issues and think of how to help a couple have conversation about them?
- 6) What are some boundaries you might need to set with the people you counsel?