## **Lesson 9- Family Systems Theory: Differentiation and Emotional Triangles**

A.	Family Systems Theory: Differentiation and Emotional Triangles	
	1.	Differentiation of the Self
	2.	Thinking from Feeling
	3.	Emotional Triangles
	4.	Extended Family Field
	5.	Sibling Position
	6.	Emotional Cutoff

**Questions to Consider:** see end of lesson 12