

Lesson 1- Introduction

A. Introductions

1. An Introduction to the Texts:

- *The Singlehood Phenomenon* by Beverly and Tom Rodgers
- *The Leader's Journey: Accepting the Call to Personal and Congregational Transformation*
- *The Emotionally Healthy Church* by Pete Scazzerro
- *Windows To The Soul* by Ken Gire
- *Hold Me Tight: Seven Conversations for a Lifetime of Love*, by Susan Johnson
- *Each for the Other*, was written by Bryan Chapell
- *The Intimate Mystery* by Dan Allender
- *Holding Hands, Holding Hearts*
- *Close Calls* by Dave Carder
- *The Divorce Culture*, by Barbara Dafoe Whitehead

2. An Introduction to Genograms:

Definition:

A genogram is not merely a family tree, nor is it a family history, but is a map of and an analysis of the relationships in your family. Families tend to be the best way to understand people.

Analyze the relationships:

What does it mean that your grandfather was an alcoholic? What were the implications? What is the significance of that? How did that play out in your family?

What emotions are driving things? How does the family function as a whole (the structure family lines)?

How did you become who you are? What are the emotions of the family?

What feelings are driving the behavior of the family? What were people afraid of? Why didn't they...talk?...think?...feel?

Go Back 3 or 4 Generations (from grandparents, parents, self and your siblings, and your children, if applicable)

3. Introduction to the Integration Project:

Questions:

- 1) Concerning Genograms, how do the maps go beyond “History” to “Dynamics?”