

# Mentoring

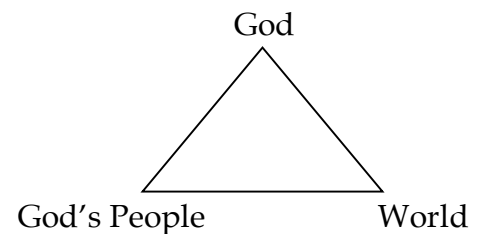
## I. The Call to Mentoring: Why is it Important?

- a. The Meaning of Mentoring
  1. Equipping the Saints
  2. For the Work of Ministry
- b. Examples of Mentoring
  1. Moses to Joshua
  2. Paul to Timothy
  3. Elizabeth to Mary
  4. Jesus to the Disciples, specifically Peter, James & John
- c. Exhortations towards Mentoring
  1. Matthew 28: 18 – 20
  2. Titus 2:3 – 5

**Practical Point: Both mentor and disciple should choose carefully.**

## II. The Goal of Mentoring: What is the Hope?

- a. To look like Jesus
  1. By God's call (Romans 8:28 – 29)
  2. Through God's power (2 Peter 1:3 – 8)
- b. To Keep in Step with the Spirit
  1. Broadly as Believers (Gal. 5:22 – 26)
  2. Specifically as Women (Titus 2: 3 – 5)
- c. To Glorify God in the World
  1. The Word Upheld (Titus 2: 5)
  2. The Church Praised (Titus 2: 8)
  3. The Gospel Adorned (Titus 2:10)



**Practical Point: Well-balanced discipleship is essential.**

## III. The Method of Mentoring: What does it look like?

- a. Formal
  1. Duration
  2. Location
  3. Plan for Growth
- b. Informal
  1. Teaching & Instruction
  2. Books

**Practical Point: Every mentoring relationship will be different.**

# Mentoring Talk: Verses & Quotes

## I. The Call to Mentoring: Why is it Important?

**Eph 4:11-13:** It was he who gave some to be apostles, some to be prophets, some to be evangelists, and some to be pastors and teachers, to prepare God's people for works of service, so that the body of Christ may be built up<sup>3</sup> until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

Susan Hunt's definition of Spiritual Mothering:

"When a woman possessing faith and spiritual maturity enters into a nurturing relationship with a younger woman in order to encourage and equip her to live for God's glory.

Please note that giving birth biologically or being of a certain chronological age are not prerequisites for spiritual mothering."

Ephesians 2:10 For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Matt. 28:18 Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

Titus 2:3 Likewise, teach the older women to be reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good. Then they can train the younger women to love their husbands and children, to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands, so that no one will malign the word of God.

## II. The Goal of Mentoring: What is the Hope?

Rom. 8:28 And we know that in all things God works for the good of those who love him, who have been called according to his purpose. For those God foreknew he also predestined to be conformed to the likeness of his Son, that he might be the firstborn among many brothers.

2Pet. 1:3 His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature and escape the corruption in the world caused by evil desires.

2Pet. 1:5 For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, brotherly kindness; and to brotherly kindness, love. For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ. But if anyone does not have them, he is nearsighted and blind, and has forgotten that he has been cleansed from his past sins.

Gal. 5:22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit. Let us not become conceited, provoking and envying each other.

Titus 2:3 Likewise, teach the older women to be reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good. Then they can train the younger women to love their husbands and children, to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands, so that no one will malign the word of God.

Titus 2, Fruit of Godly Living:

... so that no one will malign the word of God. (v 5)

... so that those who oppose you may be ashamed because they have nothing bad to say about us. (v. 8)

... so that in every way they will make the teaching about God our Savior attractive. (v. 10)

Is. 55:1 "Come, all you who are thirsty, come to the waters; and you who have no money, come, buy and eat! Come, buy wine and milk without money and without cost. Why spend money on what is not bread, and your labor on what does not satisfy? Listen, listen to me, and eat what is good, and your soul will delight in the richest of fare. Give ear and come to me; hear me, that your soul may live...As the rain and the snow come down from heaven, and do not return to it without watering the earth and making it bud and flourish, so that it yields seed for the sower and bread for the eater, so is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it. You will go out in joy and be led forth in peace; the mountains and hills will burst into song before you, and all the trees of the field will clap their hands.

### **III. The Method of Mentoring: What does it look like?**

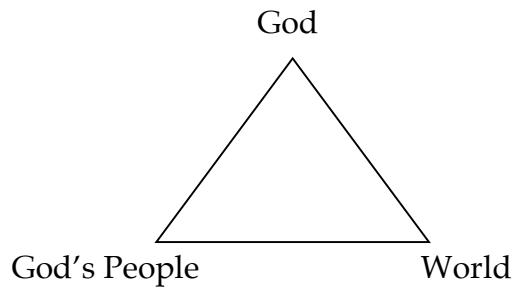
I do, you watch

I do, you help.

You do, I help.

You do, I watch.

# Well Balanced Discipleship



As you consider mentoring, make sure you encourage all areas of the disciple:

1. **The person's relationship with God** (Spiritual disciplines: Time in the word, prayer, fasting, tithing, affection for God, etc)
2. **The person's relationship with the Church** (her relationships within her family and friends, her service in the church, her gifts – is she using them to serve others?)
3. **The person's relationship with the world** (how is she being conformed to the world's image? Is she too much like the world or too separate from it? Does she have a heart for evangelism? Her prayer for/ giving to missions?)

# Mentoring

## Month 1 – Sharing Your Story

A good place for most groups to begin, regardless of the topic

1. How did you become a Christian?
2. What ministry/person/book has God used to deepen your faith?
3. Is there a particular verse/passage/book of Scripture that you would consider significant in your life? Why?
4. Where do you enjoy serving in ministry? What would you consider your spiritual gifts? How have you seen God prepare you for the ministry He has called you to do?
5. What was your family like? How does your relationship with them impact or influence your relationship with God and others?
6. How did you meet your husband(if you have one)? How would you describe your marriage? What struggles have you gone through or do you currently face?
7. What sin patterns do you struggle to overcome? Do you have unconfessed sin in your life that you need to address?
8. What truth about God supports you in times of struggle or trial? What trials have affected your life and how have you received comfort from the Lord in them?
9. How has knowing Jesus made a difference in your life? How would you describe your affection for Him at this point in your life? (vibrant, warm, lukewarm, cold, indifferent, angry, fearful)
10. How would you like to grow in your faith in the coming year? What particular area would you like to see progress?

# Setting Expectations

## Practical Points to Discuss Before You Begin

1. When will our group usually meet? (e.g. 2<sup>nd</sup> Monday of the month in the evening)
2. Where will our group usually meet?
3. Who will volunteer to send a reminder email the week before our meeting?
4. How long will we meet? (until the book is finished, one year, six months, etc.)
5. It also might be good to try and figure out one way you all can regularly connect in the upcoming year. Perhaps you all commit to doing the same SS for one or two sessions so that you will have that weekly time together. Or serve in nursery together. Or once ever two months go for coffee or dinner just for fun.

### The Disciple Group's Responsibilities:

1. Pray for your Mentor and the others in your group.
2. Prepare for your time together. Read the chapter, consider the topic, and bring questions you have for your leader.
3. Try to make each session a priority in your schedule. Think of it as if you were "paying" for the time with a tutor or personal trainer. She is freely giving her time to meet with you, so make the effort to be there.
4. Be teachable.
5. Remember to ask and consider how your mentor is doing! Try to find ways throughout the year to care for her and show your appreciation.

### The Mentor's Responsibilities:

1. Pray for the ladies in your group.
2. Prepare for the time together.
3. Be willing to speak truth in love.
4. Try to get to know the ladies in your group – perhaps plan one or two social times, just for fun!

## Helpful Questions to Consider

<http://www.christianity.com/christian-life/spiritual-growth/ten-questions-to-ask-at-the-start-of-a-new-year-11643580.html>